



ves Vitality

WW Membership Types

Digital

Self-guided experience of tracking your food, activity and weight any time with all the tools and resources right in the WW app. Access to the WW database of restaurants and 8,000+ recipes, members-only digital community, on-demand workouts and so much more



Digital 360

Build on our science-backed weight loss program, Digital 360 delivers daily coach interactions, a relatable community, and always-on experience. Choose from a robust schedule of live and on-demand classes, podcasts and virtual events to get insider secrets from weight loss experts 24/7. Includes all the benefits of the Digital program.

Stay on track with a like-minded Community



Unlimited Workshops & Digital

Do you want face-to-face accountability? Meet weekly with a WW Coach and other members who are here for you, in-person or virtually. Each week's curriculum is rooted in decades of research, bringing you the latest science-backed techniques to help you lose weight and build healthy habits. Includes all the benefits of the Digital program.



Specific questions about WW Membership types contact WW Customer Service – 866-204-2885.

Interested in registering for WW contact Carla Cosio at ccosio@fhcp.com or cccosio1@volusia.k12.fl.us



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