

August Wellness Webinar Series

HOW MONEY WORKS

Wednesday, August 11

Speaker: Tara Anderson, District Leader
at Primerica

Do you know the three types of basic accounts that are recommended for a complete savings program? Join us as we learn how to get out of debt, build savings and get on the path to finance independence.

- 12:00 - 12:30 [Click Here](#)
- 4:00 - 4:30 [Click Here](#)



IMPROVING BALANCE & STRETCH

Wednesday, August 25

Speaker: Artie G, Fitness Instructor

Learn the importance of staying in motion through stretching techniques that are proven to increase flexibility in all environments, including sitting at a desk while at work. A live demo at the end of the webinar will demonstrate these techniques.

- 12:00 - 12:30 [Click Here](#)
- 4:00 - 4:30 [Click Here](#)

**DRAWING PRIZES!!
MUST BE ON CALL TO BE
ELIGIBLE TO WIN.**

QUESTIONS?

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